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UNIVERSITÀ  
DEGLI STUDI  
DI MILANO

# Mental health promotion: positive psychology and preventive psychiatry

**25.05.2021**

**H 14-17.30**

**Microsoft Teams**  
Per partecipare **iscriviti qui**

## Introduction

Antonella Delle Fave University of Milan - Italy  
Paolo Brambilla University of Milan - Italy

## Speakers

### **Mental health promotion and protection principles for prevention of common mental disorders**

Corey Keyes Emory University, Atlanta - USA

### **Lifestyle intervention and mental health improvement**

Brenda Penninx Amsterdam Universitair Medische Centra - The Netherlands

### **Clinical and psychosocial outcomes in the framework of a community-based organisation of mental health services**

Matteo Balestrieri University of Udine - Italy

### **Unravelling possible positive mental health effects of the COVID19 pandemic with data from a national longitudinal study**

Carmelo Vazquez Universidad Complutense, Madrid - Spain

### **Neural correlates of risk and resilience to environmental exposures in preadolescents**

Sophia Frangou Icahn School of Medicine at Mount Sinai, New York - USA

### **The role of eudaimonic well-being in targeting depression throughout the lifespan**

Chiara Ruini University of Bologna - Italy

## Open Discussion with speakers and attendees

Antonella Delle Fave University of Milan - Italy  
Paolo Brambilla University of Milan - Italy